



St. Jeanne Jugan,
friend of the elderly

LORD JESUS,

You taught that whatever we do for the least of our brothers and sisters, we do for you. Your servant Jeanne Jugan took these words seriously. Moved by the Holy Spirit she opened her heart and her home to the elderly poor. Inspired by her example I, too, want to be a friend to the elderly.

Teach me to reverence older persons, to walk at their pace, to listen attentively to their stories, to learn from their wisdom and to generously offer help in time of need. Help us, together, to envision a world full of hope.

Through the intercession of St. Jeanne Jugan give me a heart for the elderly, a heart that will love them with your own merciful Heart.