



PRAYER FOR THE NATIVITY FAST

Lord Jesus, You have come so many times to us and found no resting place; forgive us for our overcrowded lives, our vain haste, and our preoccupation with self. Come again, O Lord, and though our hearts are a jumble of voices and our minds overlaid with many fears, find a place however humble, where You can begin to work Your wonder as You create peace and joy within us. If in some hidden corner, in some out-of-the-way spot, we can clear away the clutter and shut out the noise and darkness, come be born again in us, and we shall kneel in perfect peace with the wisest and humblest of men.

Help us to enter into this Christmas Fast with humility yet with You. And, finally, Lord, give us Christmas from within that we may share it from without, on all sides, all around us, wherever there is need. God help us, every one, to share the blessings of Jesus in Whose name we keep Christmas holy. Amen.

(From: *Daily Meditations & Prayer for the Christmas Advent Fast and Epiphany* by Presbyteria Emily Harakas and Father Anthony Coniaris)

<https://stannmelkitechurch.org/2020/11/16/a-prayer-for-the-nativity-fast/>