



*Be still
and know that
I am God.*

Psalms 46:10

SILENT DISCERNMENT RETREAT

**FOR SINGLE
CATHOLIC WOMEN**

(18-35 years old)

JAN 30–FEB 1, 2026

(6 pm Friday to 2 pm Sunday)

**Little Sisters of the Poor
1365 Enfield St., Enfield CT**

**Holy Mass ~ Adoration ~ Talks
... and abundant silence
in which your heart may listen
for the Lord's voice.**

**At the beginning and end of the
retreat, participants will enjoy a time
of conversation and sharing with the
Little Sisters of the Poor and with
the other young women in vocational
discernment.**

**To register contact Sr. Carolyn
at sc@littlesistersofthepoor.org
by Jan 28. Questions?
(860) 402-4478**

**There is no charge for the retreat,
but early registration is appreciated.**

